



COCHRANE BUMPS & BABIES GROUP

2ND&4TH WED | 1:30-3:00 PM | DROP-IN

Cochrane & Area Family Resource Network, 127 FIRST AVE W

In partnership with Cochrane & Area Family Resource Network

Join an AHS Childbirth Educator and Registered Dietitian while connecting with other parents on the topics of pregnancy, nutrition, labour, birth, infant feeding/sleep/care and transition to early parenthood. For pregnancy and parenting babies up to 6 months. Snacks provided, and supervised toddlers welcome.

