

BEST BEGINNING CHILDREN'S PROGRAM

DECEMBER 2025

IN-PERSON GROUPS

Mondays

10:30 am - 12 noon
Central Library
800 3 Street SE

Tuesdays

1:00 pm - 2:30 pm
Salvation Army
#100, 5115 17 Ave SE

Wednesdays

1:00 pm - 2:30 pm
Genesis Centre
7555 Falconridge Blvd NE

CALENDAR

December 21 - December Solstice

December 25 - Christmas Day

December 26 - Boxing Day

December 26 - First day of
Kwanzaa

December 31 - New Year's Eve



CIRCLE TIME

Books Available at the
Calgary Public Library:

- **Winter Is Here** by Kevin Henkes
- **Hanukkah Bear** by Eric A. Kimmel
- **Dream Snow** by Eric Carle
- **My First Kwanzaa** by Karen Katz
- **'Twas the Night Before Christmas**
by Clement Clarke Moore

Arts, Crafts & Activities

Learning Theme:
WINTER WONDERS

- Winter Sensory Bin
- Reindeer Ornament
- Stained Glass Windows
- Kwanza Kindness Chain

WINTER OUTDOOR SAFETY

Getting outside in winter is a great way to be active.

Try skating, sledding, or just going for a walk. Build a snowman, make snow angels, or help shovel. These simple activities are fun, free, and great for connecting with your child.



Stay indoors if the temperature or wind chill is below -25°C (-13°F).
As skin can freeze in minutes.

What to Wear in Cold Weather:

Make sure
jackets are
zipped and
ears are
covered

Wear a hat,
mittens, a neck
warmer, and
dry, not-too-
tight boots.

No scarves or
drawstrings –
they can pose a
safety risk.



Avoid cotton
socks; try wool
or blends for
warmth.

Wear layers:
Inner: warm and
breathable
Middle: insulating
(like fleece or wool)
Outer: wind/water-
resistant

Frostbite Prevention:

- Protect fingers, toes, ears, and nose.
- Change out of wet clothes and boots quickly.
- Drink warm fluids or water to help body temperature.
- Take frequent warm-up breaks.
- Use sunscreen even on cloudy days.



Sledding Safety

Children under 5 should always sled with an adult.
Choose gentle, snowy hills with clear run-off areas.
Avoid icy hills, roads, rivers, or ponds.
Sled only in daylight or well-lit areas.