

Postpartum Infant Feeding Class

FREE online class for parents of newborns



Topics Covered:

- Breast/chestfeeding
- Bottle feeding
- When to get help with feeding
- Question & answer session

Log on using a computer, tablet, or smart phone from the comfort of your home. You must register by email (scan QR code) or phone to receive the Zoom link.



**Zoom class
every Thursday**



**To register for class, please email or phone:
birthandbabies@primarycarealberta.ca
403.955.1450**



**Primary Care
Alberta**

Calgary Public Health
Perinatal Education

**www.birthandbabies.com
403-955-1450**