

What does the service offer?

When you drop-in, you can also connect to information about:

- Infant feeding
- Childhood growth and development
- Vaccinations
- Adjusting to parenthood
- Your baby's health and care
- Communicating with your baby
- Soothing your crying baby
- Sleep
- Injury prevention
- Information on financial and community support
- Speech and language



All sites are closed on holidays

Because of allergies and sensitivities, please don't bring or wear scented items into our community health centres.

No appointment needed

You do not need to book an appointment or register for our drop-in times. Simply come by with your baby.



For more information, call
Health Link Alberta at 811

Calgary area

Well Child Parent Drop-in





What is the parent drop-in service?

Parent drop-in is a service that gives families with babies 2 months and older the chance to meet with a public health registered nurse. Parents are welcome to weigh and measure their child and ask any questions.

See the table for drop-in times and locations.

Parent drop-in locations

Location	Phone Number	Address	Day	Time
Northeast & Northwest Calgary				
Northwest Community Health Centre	403-943-9700	109, 1829 Ranchlands Blvd NW	Thurs	1:00–3:00 p.m.
Thornhill Community Health Centre	403-944-7500	6617 Centre St NW	Wed	1:30–3:30 p.m.
Village Square Community Health Centre	403-944-7000	2623–56 St NE	Thurs	1:15–3:45 p.m.
Southeast & Southwest Calgary				
East Calgary Health Centre	403-955-1250	4715 8 Ave SE	Thurs	1:30–3:30 p.m.
Shaganappi Community Health Centre	403-944-7373	3415–8 Ave SW	Wed	1:30–3:30 p.m.
Acadia Community Health Centre	403-944-7200	#132, 151–86 Ave SE	Tue	9:30–11:30 a.m.
South Calgary Health Centre	403-943-9500	31 Sunpark Plaza SE, 2nd Floor, Room 2012	Wed	1:30–3:30 p.m.
Okotoks & High River				
Okotoks Health and Wellness Centre	403-995-2600	11 Cimarron Common	Thurs	1:30–3:30 p.m.
High River Public Health Centre	403-652-5450	310 Macleod Trail SW	Thurs	1:15–3:30 p.m.